

S.No.	Particulars	Number	Remarks
1	No. of sensitization programmes organized	4	
2	No. of students benefited	1437	
3	Counselling of suspected addicts	-	No case reported

Report on Oath Ceremony against Drug Abuse

Introduction

An oath ceremony was held to raise awareness and promote the commitment to fight against the growing menace of drug abuse. The event, organized RKMV, Shimla in collaboration with Road Safety Club of the College took place at **open stage** where students, faculty members, and dignitaries from various fields came together to take a pledge against drug use. The ceremony aimed to educate the youth about the harmful effects of drugs and the importance of a drug-free society.

Objective

The primary objective of the oath ceremony was to:

- Raise awareness about the dangers of drug addiction.
- Encourage individuals to lead a healthy, drug-free life.
- Mobilize collective efforts to prevent the spread of drug abuse, particularly among the youth.

Proceedings of the Ceremony

The ceremony began with an inaugural speech by **Principal**, RKMV who emphasized the need for stronger community involvement to tackle the issue of drugs. The speaker highlighted the long-lasting harmful effects of drug consumption on individuals, families, and society at large.

Following the speech, the participants were led by **the Worthy Principal** in taking the anti-drug oath, pledging:

1. To stay away from any form of drugs.
2. To educate friends and family about the dangers of drug use.
3. To seek help if someone they know is struggling with drug abuse.
4. To support efforts for creating a drug-free community.


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The ceremony was marked by enthusiastic participation from students. Around 945 students were participants of the ceremony and also held banners and placards bearing anti-drug slogans, such as:

- “Say No to Drugs, Yes to Life”
- “Drugs Ruin Lives”
- “Be Smart, Don’t Start”



1. Report on Poster-making Competition

Students displayed their creativity by making impactful posters reflecting the dangers of drug addiction. The Poster-Making Competition was a resounding success, providing students with a platform to creatively express their understanding of the dangers of drug addiction. The event not only showcased the artistic talents of RKMV Shimla students but also served as a powerful tool to spread awareness about the need to stay away from drugs. Almost 45 students participated in the competition. The posters will be displayed on campus to continue promoting a drug-free environment, inspiring more students to join the fight against drug abuse.



3. Guest Lectures and Interactive Session

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The Anti-Drug Club of RKMV Shimla, in collaboration with the National Service Scheme (NSS) unit, hosted a highly informative guest lecture on drug abuse, delivered by the Assistant Superintendent of Police (ASP), Shimla. The event, held at the college auditorium, was part of the ongoing efforts to raise awareness about the dangers of drug abuse among youth and to promote a healthy, drug-free lifestyle.

Key Highlights:

1. **Inaugural Session:** The event commenced with a warm welcome by the Principal of RKMV Shimla, who emphasized the critical role educational institutions play in shaping the behavior and attitudes of students. She praised the collaboration between the Anti-Drug Club and NSS unit for organizing the lecture, recognizing it as an important step toward tackling drug-related issues.
2. **Address by ASP Shimla:** The lecture, delivered by the esteemed ASP of Shimla, covered several crucial aspects of drug abuse:
3. **Types of Drugs:** The ASP began by explaining the different categories of drugs, including narcotics, stimulants, hallucinogens, and prescription drugs, highlighting how addiction can start in various forms.
4. **Psychological and Physical Impact:** He delved into the long-term health consequences of drug use, such as cognitive decline, mental health disorders, and physical ailments. He also provided real-life case studies to illustrate how drug addiction can destroy families and communities.
5. **Legal Consequences:** The ASP outlined the legal implications of drug possession, use, and trafficking. He discussed how strict measures are being enforced in Shimla to curb drug distribution networks, with law enforcement agencies working closely with the community.
6. **Preventive Measures:** A significant portion of the lecture was dedicated to preventive strategies, including peer education, community participation, and the role of students in spreading awareness. He also emphasized the importance of communication with family and teachers to help identify and address the early signs of drug abuse.
7. **Interactive Session:** Following the ASP's talk, an interactive session was held where students raised questions about drug addiction, rehabilitation, and how to help friends or peers struggling with substance abuse. The ASP provided practical advice on intervention and available support systems, such as helplines, counseling services, and rehabilitation centers.
8. **NSS Unit and Anti-Drug Club Initiatives:** The NSS coordinator and the heads of the Anti-Drug Club shared the efforts made by the college in promoting a drug-free environment. They spoke about ongoing campaigns, workshops, and future plans to involve more students in awareness programs and outreach activities in local communities.

Conclusion:

The guest lecture by ASP Shimla was an eye-opening and insightful session that successfully raised awareness about the dangers of drug abuse. About 398 students were


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presented in the interactive session cum lecture. It motivated students to take active roles in spreading the message of prevention and support those at risk. The collaboration between the Anti-Drug Club and NSS unit showcased the college's commitment to fostering a safe and healthy campus environment. Students left the auditorium with a sense of responsibility to combat the growing issue of drug abuse in society.



4.Nukkad Natak by RKMV Students on the Mall Road to Raise Awareness about Drug Addiction

Introduction

The students from **RKMV, Shimla** performed a powerful *Nukkad Natak* (street play) on **The Mall Road** to raise public awareness about the devastating effects of drug addiction. The performance was part of a larger initiative aimed at educating the community, particularly the youth, about the dangers of drug abuse and the importance of staying drug-free. The street play attracted a large audience of locals, tourists, and passersby, sparking important conversations about the growing issue of substance abuse in society.

Objective

The primary objective of the Nukkad Natak was to:

- Inform the public about the harmful consequences of drug addiction.
- Emphasize the role of family and community in preventing drug abuse.
- Motivate young people to make responsible life choices and resist peer pressure.
- Foster a collective sense of responsibility in combating the drug menace.

Theme of the Nukkad Natak

The street play revolved around the theme of "Drug Addiction: A Path to Destruction." It portrayed the tragic journey of a young individual who falls prey to peer pressure and starts using drugs. Through gripping scenes, the actors demonstrated how addiction leads to the destruction


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of personal health, family bonds, and ultimately, the future. The play also highlighted the role of friends, family, and society in both preventing and helping those affected by addiction.

Highlights of the Performance

- **Impactful Dialogue and Realistic Portrayal:** The students, through their compelling dialogues and realistic acting, effectively communicated the physical, emotional, and social toll of drug abuse. The audience could feel the pain and anguish of the characters trapped in the vicious cycle of addiction.
- **Audience Engagement:** The open-air nature of the performance allowed for direct engagement with the audience. The students made the public part of the narrative by asking questions and offering practical advice on how to avoid the trap of drugs.
- **Use of Placards and Slogans:** Throughout the play, students held up placards with strong anti-drug messages such as:
 - “Drugs Destroy Lives, Choose Wisely”
 - “Say No to Drugs, Say Yes to Life”
 - “Don’t Let Drugs Steal Your Dreams”
- **Message of Hope and Rehabilitation:** The play concluded with a message of hope, emphasizing that with timely intervention and community support, individuals can recover from addiction and rebuild their lives. The performers urged the audience to offer help and support to those in need, rather than shunning them.

Public Response

The Nukkad Natak drew significant attention from the public, with many stopping to watch the entire performance. The emotional and hard-hitting nature of the play left a lasting impact on the spectators. Many appreciated the students’ efforts in bringing such a crucial issue to light. Some members of the audience, especially parents, expressed their concerns and vowed to talk to their children about the dangers of drugs.

Conclusion

The *Nukkad Natak* by the students of RKMV on The Mall Road was a resounding success, both in terms of its performance and its message. Almost 49 girls present on the mall and raised awareness about drug addiction and igniting conversations on how society can prevent this growing menace. The initiative highlighted the potential of street theatre as a medium for social change and reaffirmed the commitment of RKMV students towards creating a drug-free community.

This event not only educated the public but also inspired many to take a stand against drugs, ensuring that the message reached a wider audience beyond the confines of formal education.


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