

**1. CELEBRATION OF “POSHAN PAKHWARE”
EXPOSURE CUM INTERACTION VISIT
ONE DAY WORKSHOP
15th march and 16th march 2024**

At Department of Nutrition and health Education Poshan pakhware has been celebrated on 15th march and 16th march 2024.

OBJECTIVES OF POSHAN PAKHWARE

1. To organize exposure cum Interaction visit for students of Department of Nutrition and health Education.
2. To Organise one day workshop on Millets.
3. To Participate in Poster making competition and millets recipe competition organized by Mission Shakti district programme officer, Shimla.
4. To Participate in a workshop cum awareness camp under “Mission Shakti” and “Poshan Abhiyaan” on 16th march AT Bachat Bhawan Shimla, H.P.

ACTIVITIES CONDUCTED

1. Students participated in poster making competition at Bachat Bhawan, D.C. office complex, Shimla, H.P. on 16.3.24. Theme of the painting competition --- Nutrition. Three students won prizes in the same.
2. Preparation of Millets recipes on 15.3.24 at the laboratory of Department.
3. Millet recipe exhibition at Bachat Bhawan, D.C. office complex, Shimla, H.P. on 16.3.24
4. Lecture of Dr Jyoti Pandey on Nutrition and Health.

