

**DEPARTMENT OF HOME SCIENCE**  
**RKMV, SHIMLA**

**Department of Home science integrates cross cutting issues relevant to Gender, Environment, Human Values and Professional Ethics into the Curriculum**

| S.No                                     | Name of the Programme              | Name of the course provided by the Department of Home science which integrates cross cutting issues relevant to Gender, Environment and Sustainability, Human Values and Professional Ethics into the Curriculum | Course Code           | Description   |
|--|------------------------------------|--|-----------------------|---|
| <b>Courses relevant to Gender Issues</b> |                                    |  |                       |   |
| 1.                                       | B.A Nutrition and Health Education | Nutrition for the Family   | BANHE-A-102           | <b>Gender Issues</b> The courses enable to identify physical changes in pregnancy and interpret it to the nutritional requirements also inculcates developmental change during adolescents and relate to the nutritional requirements         |
| 2.                                       | B.A Nutrition and Health Education | Maternal and Child Nutrition   | BANHE –A-303          | <b>Gender Issues</b> This course relates the role of nutrition for the pregnant women, lactating mothers, breast feeding and complementary foods. And to enable us to know about child health, morbidity, maternal and child health programs. |
| 3.                                       | B.A Nutrition and Health Education | Public Nutrition   | BANHE –A-301          | <b>Gender Issues</b> The course interprets the measures of malnutrition and nutritional problems of the community.  |
| 4  | B.A Nutrition and Health Education | Public Health Nutrition  | BANHE-A-202           | <b>Gender Issues</b> This course enables to identify and contribute to the prevention of public health/social health problems in the country. And to equip students with workable knowledge to treat common illnesses at home.                |
| 5.                                       | B.A Home Science                   | Gender In Extension And Development  | BA HSC /BSC HSC- 306: | <b>Gender Issues</b> This course inculcates the process of development with importance of gender-based programs and to  |

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|  |  |  |  | understand the efforts at different levels for empowering women |
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### Courses relevant to Human Values and Professional Ethics

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| 6.  | B.A Nutrition and Health Education | Introduction to Food Safety | BANHE -A-201 | <b>Human Values and Professional Ethics:</b><br>This course creates awareness about the importance of food safety and related issues by discussing the various food handling practices.   |
| 7.  | B.A Nutrition and Health Education | Human Nutrition             | BANHE-A-305  | <b>Human Values and Professional Ethics:</b><br>This course enables us to understand basic concepts in Nutrition, nutrients and their functions, sources and deficiency symptoms .and to understand the nutritional requirements during different stages of life.   |
| 8.  | B.A Nutrition and Health Education | Home based Catering         | BANHE-A-203  | <b>Human Values and Professional Ethics:</b><br>Enhances knowledge on Business Ethics, Sustainability and Business environment domestically and globally. This course appries the students regarding Food service Industry, food production as well as standardization of a recipe and the various steps to set up one's own unit.<br>Enhances knowledge on Business Ethics, Sustainability and Business environment domestically and globally. |
| 9.  | B.A Nutrition and Health Education | Nutrition and Fitness       | BANHE –A-204 | <b>Human Values and Professional Ethics:</b><br>This course helps in understanding the importance of fitness and its relation to health and nutrition   |
| 10. | B.A Nutrition and Health Education | Food and Nutrition          | BANHE –A-304 | <b>Human Values and Professional Ethics:</b><br>To understand the parameters of Body Mass Index and meal planning for different activity levels.  |
| 11. | B.A Nutrition and Health Education | Therapeutic Nutrition       | BANHE-A-302  | <b>Professional Ethics:</b> To enable students to gain practical knowledge on functioning of dietary department and dietary modification of various diseases. This course inculcates Role   |

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|     |                                    |                              |                      | and responsibilities of Dietician and Code of ethics.   |
| 12. | B.A Nutrition and Health Education | Nutrition: Lifespan Approach | A BANHE –A-306       | <b>Human Values:</b> To know about the principles, factors affecting meal planning, dietary guidelines, and methods of assessment of nutrient requirement. To inculcate interest in the students to know about the need for the nutrients in different stages of life span of human beings. |
| 13. | B.A Home Science                   | Resource Management          | BA HSC/BSC HSC- 102: | <b>Human Values:</b> To create awareness among the students about management in the family to recognize the importance of wise use of resources in order to achieve goals   |